

**HOWE GREEN HOUSE SCHOOL  
LUNCH MENU 2021/22**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Beef lasagne with green beans  Lemon pepper chicken wrap and salad  French bread cheese & tomato pizza  Apple crumble with single cream  Grapes	Chicken and sweetcorn pasta bake (with Carbonara sauce or plain)  Beef salad  Vegetarian quiche with salad.  Chocolate sponge pudding and chocolate custard  Fruit salad	Roast chicken slices, roast potatoes, carrots and peas  Ham baguette with salad  Pasta spirals with five vegetable and tomato sauce  Homemade Trifle  Banana	Cheesy topped cottage pie with broccoli  Egg and cheese salad  Jacket potato with vegetarian Bolognese & cheese  Chocolate Cornflake cake  Apple	Mini sausages, jacket potato and peas  Chicken & bacon salad  Spinach and ricotta cannelloni  Fruit yoghurt  Pineapple
Week two	Chicken Korma, rice and mini poppadoms  Pulled pork baguette with salad  Pasta Quills with roasted vegetable and tomato sauce  Fruity flapjack  Diced Melon	Chicken in breadcrumbs, potato wedges and baked beans  Flaked fresh salmon salad  Vegetarian sausages, potato wedges and baked beans  American waffle with ice cream and maple syrup  Banana	Roast Beef, roast potatoes, Yorkshire pudding, green beans and carrots  Chicken & bacon salad  Homemade cheese and onion pasty with vegetables of the day  Chocolate mousse  Fruit salad	Fish fingers, croquette potatoes and sweetcorn  Mexican tortilla wrap with chicken & salad  French bread cheese & tomato pizza.  Lemon pudding & custard  Orange	Sweet & Sour Chicken, rice and prawn crackers  Ham salad  Jacket potato with cheese, baked beans  Chocolate chip cake  Pineapple
Week three	Meat balls with pasta and homemade tomato sauce  Chicken and bacon salad  Vegetarian meat balls with pasta and homemade tomato sauce  Sticky toffee sponge and custard  Apple	Fish fingers, roasted diced potatoes and baked beans  Mexican tortilla wrap with chicken & salad  Homemade cheese and sun dried tomato pinwheel and salad  Banana cake  Fruit salad	Roast pork slices, roast potatoes, peas and carrots  Turkey salad  Vegetarian cutlet , roast potatoes, peas and carrots  Apple crumble with cream  Diced melon	Chicken sweetcorn and tomato bake with broccoli  Turkey bun and salad  Jacket potato with cheese and baked beans  Fruit cocktail jelly  Grapes	Bacon & cheese pasta with green beans.  Tuna & sweetcorn salad  Spinach and ricotta cannelloni  Chocolate brownies  Banana

**Tortillas, prawn crackers and French bread are served with appropriate dishes of the day.  
All puddings, cakes etc. are homemade on the day. Gluten free gravy is available to accompany roast lunches.**