

**HOWE GREEN HOUSE SCHOOL
LUNCH MENU 2021/22**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Beef lasagne with green beans Lemon pepper chicken wrap and salad French bread cheese & tomato pizza Apple crumble with single cream Grapes	Chicken and sweetcorn pasta bake (with Carbonara sauce or plain) Beef salad Vegetarian quiche with salad. Chocolate sponge pudding and chocolate custard Fruit salad	Roast chicken slices, roast potatoes, carrots and peas Ham baguette with salad Pasta spirals with five vegetable and tomato sauce Homemade Trifle Banana	Cheesy topped cottage pie with broccoli Egg and cheese salad Jacket potato with vegetarian Bolognese & cheese Chocolate Cornflake cake Apple	Mini sausages, jacket potato and peas Chicken & bacon salad Spinach and ricotta cannelloni Fruit yoghurt Pineapple
Week two	Chicken Korma, rice and mini poppadoms Pulled pork baguette with salad Pasta Quills with roasted vegetable and tomato sauce Fruity flapjack Diced Melon	Chicken in breadcrumbs, potato wedges and baked beans Flaked fresh salmon salad Vegetarian sausages, potato wedges and baked beans American waffle with ice cream and maple syrup Banana	Roast Beef, roast potatoes, Yorkshire pudding, green beans and carrots Chicken & bacon salad Homemade cheese and onion pasty with vegetables of the day Chocolate mousse Fruit salad	Fish fingers, croquette potatoes and sweetcorn Mexican tortilla wrap with chicken & salad French bread cheese & tomato pizza. Lemon pudding & custard Orange	Sweet & Sour Chicken, rice and prawn crackers Ham salad Jacket potato with cheese, baked beans Chocolate chip cake Pineapple
Week three	Meat balls with pasta and homemade tomato sauce Chicken and bacon salad Vegetarian meat balls with pasta and homemade tomato sauce Sticky toffee sponge and custard Apple	Fish fingers, roasted diced potatoes and baked beans Mexican tortilla wrap with chicken & salad Homemade cheese and sun dried tomato pinwheel and salad Banana cake Fruit salad	Roast pork slices, roast potatoes, peas and carrots Turkey salad Vegetarian cutlet , roast potatoes, peas and carrots Apple crumble with cream Diced melon	Chicken sweetcorn and tomato bake with broccoli Turkey bun and salad Jacket potato with cheese and baked beans Fruit cocktail jelly Grapes	Bacon & cheese pasta with green beans. Tuna & sweetcorn salad Spinach and ricotta cannelloni Chocolate brownies Banana

**Tortillas, prawn crackers and French bread are served with appropriate dishes of the day.
All puddings, cakes etc. are homemade on the day. Gluten free gravy is available to accompany roast lunches.**